



**What are the purposes of a table group?** To dig deeper into the Biblical principle(s) presented each Sunday morning during the FCC worship hour, to connect and share with other group members and to support one another as we strive to live out each week's teaching.

**What does a table group do?** A group discussion guide will be provided in the bulletin each Sunday and will be available on the FCC Facebook page by noon on Monday. The discussion guide will focus the group and challenge each participant to action.

**Who establishes and makes up a table group?**

1. Husband & Wife
2. Family
3. 2-5 Guys
4. 2-5 Ladies
5. 2-5 Couples

**Where do they meet?**

1. Kitchen table
2. Coffee table
3. Cafe table
4. Restaurant table
5. Picnic table
6. Work table
7. Round table

**How often do they meet?** Weekly (day and time is decided by the group)

**How long should the weekly meeting last?** Varies (decided by the group)

**Who leads a table group?** Leadership can be shared or a leader can be chosen by the group.

**How long does the group stay together?** The group should commit to stay together 6-8 weeks. Groups can renew their commitment to meet together for another season (6-8 weeks).

**Is a table group an official FCC group?** Table groups are not organized by the FCC, but are provided as opportunities for individuals to connect and become better followers of Jesus. FCC would like to know how this opportunity is being utilized. When your group establishes a place, time, and participants, please report to Doug Mitchell (270) 765-4994 or [doug@fccetown.com](mailto:doug@fccetown.com).

**Can an individual be a part of more than one table group?** Yes, but our goal is that every individual attending a worship service be a part of at least one table group.

**What happens if the group is too big to meet around a table?** No table group should have more than 10 individuals. If a group grows to have more than 10 participants, there are two options:

- 1) Multiply into separate tables (groups of less than 10). Or
- 2) Seek to establish a life group (10-20 participants). To establish a life group, contact Doug Mitchell (270) 765-4994 or [doug@fccetown.com](mailto:doug@fccetown.com).



"BORING" - Nose to the Grindstone (Genesis 2:4-5, 3:17-19, Colossians 3:23-24)  
August 31, 2014 - TABLE GROUP GUIDE

Begin by reading the devotion inside the bulletin. This is also posted online on facebook.com/fcctown and at fcctown.com/media.php under the sermon video.

### Looking Back

- 1) During this past week, where have you seen God's hand at work in or around you?
- 2) What is the greatest encouragement or challenge you have experienced this week?

If you were unable to attend worship on Sunday, please go to fcctown.com and watch Sunday's sermon prior to meeting with your weekly table group.

Rick Warren writes the following in his book, *Purpose Driven Life*, You were planned for God's pleasure! Bringing enjoyment to God and living for His pleasure is the first purpose of your life. Bringing pleasure to God is called worship. Anything that you do that brings pleasure to God is an act of worship. You may need to expand your understanding of worship. Worship is much more than singing, praying, and listening to a sermon. Worship is much more than music. For many people, worship is just a synonym for music. If worship was just music, then all who are nonmusical could never worship. Worship is a lifestyle and includes everything that we do 24/7! Worship is not for your benefit. Worship is for God's benefit. When we worship, our goal is to bring pleasure to God, not ourselves. We are told to worship God continually. Psalm 34: I says "I will extol the Lord at all times; His praise will always be on my lips." Every activity we do can be transformed into an act of worship when we do it for the praise, the glory, and the pleasure of God. Martin Luther said, "A dairymaid can milk cows to the glory of God!" This is the secret to a lifestyle of worship—doing everything as if you were doing it for Jesus. Even work becomes worship when we dedicate it to God and perform it with an awareness of His presence.

### Digging Deeper

Colossians 3:23-24, *"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving."*

From the previous verse we see that this passage refers to slaves working for their masters, but in today's context the principle might apply just as well to employees, children and students.

How do you react when your boss asks you to do something that isn't technically in your job description, or you feel is beneath you?

What is a child's usual response when asked to clean his room?

What about students who let other members of the group carry the load on a group project?

Would it make a difference if Jesus had asked you to do it?

It's true; your boss' motives may not be as pure, selfless and forward-thinking as Jesus' are, but their authority still needs to be respected.

Jesus said in Matthew 5, *"If anyone forces you to go one mile, go with them two miles."* What specific things about today's culture are at odds with the concept of doing more than is required?

Name someone you know who goes the extra mile. Why did you name them? How do they go the extra mile?

How can we, as followers of Jesus, worship Him in our Job? School? Relationships? Hobbies?

### Moving Forward

Considering this week's teaching and group discussion, what can your table group do for you or how can they pray for you?

If you would like to talk with a minister, please call (270) 765-4994 to set up an appointment or contact:

Stuart Jones [stuart@fcctown.com](mailto:stuart@fcctown.com) Senior Minister

Chris Kiger [chris@fcctown.com](mailto:chris@fcctown.com) Student Minister

Jason Fox [jason@fcctown.com](mailto:jason@fcctown.com) Small Group Minister

Doug Mitchell [doug@fcctown.com](mailto:doug@fcctown.com) Connections Minister

Shannon Smith [Shannon@fcctown.com](mailto:Shannon@fcctown.com) Assistant Children's Director