



Life Group  
Discussion Guide  
May 17, 2015



Discussion Questions

Leader Notes

*"Effective love is rarely efficient. People take time. Relationships are messy. If we love others, how can we not be busy and burdened at least some of the time?"*

-Kevin DeYoung

Helpful Hint: Get people involved in the discussion by asking non-threatening questions that will engage the whole group.

*Discussion Kick Off*

1. **Stuart said**, "Busyness is often just the way life is." Do you agree? Why or Why not?
2. What in your world breathes life back into you? **When you're smoked**, what do you do to get unsmoked?

*Evaluate It*

1. How will being about what God wants us to be about sometimes lead to corrections and edits to our calendars? **Why is God's plan not** always neat and tidy?
2. **Stuart asked**, "God can handle your stress, your calendar, your schedule and your pressure. But do we, do you let Him?" Answer this question aloud in your group.
3. Jesus said to come to Him all those who are weary and burdened and He will give rest. How does this work? Does Jesus edit your calendar, clock you out early or rearrange your priorities?
4. **Put yourself in the shoes (well...sandals) of Mary and Martha**. What do you think was going through their minds as Martha was hustling in the kitchen and Mary was spending time with Jesus? Who do you relate to the most?
5. Why do you think spending time at the feet of Jesus is such a struggle? What is the benefit?

**SCRIPTURE PASSAGE**  
Read Matthew 11:28, Luke 10:38-42. Make it more interesting by reading from the Message version (free on the You Version Bible App).

*Make It Personal*

1. **Stuart asked**, "If someone recorded your life for a week and then showed it to a group of strangers, what would they guess is the priority in your life? What would they conclude is the one thing you have to get done every day? Folding the laundry? Cleaning the house? Checking e-mails? Posting to Facebook? Mowing the lawn? Checking Pinterest? Watching the game?" Answer this aloud in your group.
2. **What does "sitting at the feet of Jesus" look like for you?** Are you willing to make that a nonnegotiable for your life? If so, what do you need to do to ensure it happens?

At the end of the discussion, take a moment to take prayer requests from the group (if **you haven't done so**) and pray for your group before you end your time together.

Steve Farrar tells the following story in his book, *Standing Tall: How a Man Can Protect His Family*.

Dr. Robert Shuller was on a whirlwind book promotion tour in which he was visiting eight cities in four days. He was keeping an exhausting schedule in addition to maintaining his duties as pastor of what we now know as The Crystal Cathedral. As he was going over his itinerary, his secretary reminded him that when they returned home, he was scheduled to have lunch with the winner of a charity raffle in which someone had paid \$500 dollars for the privilege of sharing that lunch with the doctor. He was quite pleased that his presence was so highly valued until he learned that it was his own daughter who had paid **\$500 for his "undivided"** attention. Our Heavenly Father is ALWAYS available and wants nothing more than to spend time with you. Will you take advantage of this great opportunity?

Starting a Table or Life Group? Take a look at the helpful information below:

Who establishes and makes up a table or life group?

1. Husband & Wife
2. Family
3. 2-5 Guys
4. 2-5 Ladies
5. 2-5 Couples

Where do they meet?

1. Kitchen table
2. Coffee table
3. Cafe table
4. Restaurant table
5. Picnic table
6. Work table
7. Round table

- Meeting (how often, how long): Weekly or bi-weekly (day and time is decided by the group). No more than 2 hours.
- Who should lead a table or life group? Leadership can be shared or the group may choose a leader.
- How long should the group stay together? The group should commit to stay together 6-8 weeks. Groups can renew their commitment to meet together at the end of that time, but initially groups should stay together 6-8 weeks.
- What happens if the group is too big to meet around a table? No table or life group should have more than 15 individuals. If a group grows to have more than 15 participants, there are two options:
  - Multiply into separate tables (groups of less than 15) or
  - Seek to establish a life group (10-20 participants)
- If you have any questions or would like to establish a life group, please contact Jason Fox at 270-765-4994 or [jason@fcctown.com](mailto:jason@fcctown.com).

If you would like to talk with a minister,  
call 270-765-4994 to set up an appointment or contact:

Stuart Jones [stuart@fcctown.com](mailto:stuart@fcctown.com) Senior Minister  
Chris Kiger [chris@fcctown.com](mailto:chris@fcctown.com) Student Minister  
Jason Fox [jason@fcctown.com](mailto:jason@fcctown.com) Small Group Minister

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