

Life Group Discussion Guide

July 19, 2015



Part 4: Get Back Up...Again

Introduction

John Nelson Darby once said, "The presence of the Holy Spirit is the keystone of all our hopes."

Scripture References

- John 21:15-17
- Acts 1:8
- John 14:26

Discussion Kick Off

1. If someone were to describe you using only one adjective, what would they use?
2. When you fall down, where do you find the strength to get back up?

Evaluate It

1. Why do you think Jesus repeated the same question three times to Peter in John 21?
2. The Holy Spirit has many names. What are some of the names of the Holy Spirit that come to your mind and what do they mean to you?
3. **Stuart says, "The Power of the Holy Spirit is how you finish your race."** Share a time when the Holy Spirit helped you finish?
4. How do you see the Holy Spirit in your life? What are some ways He is specifically guiding you?

Make It Personal

1. Out of the names of the Holy Spirit we shared earlier, which one do you need to see more of in your life? Why?
2. What are some things we can do to become more open and in tune with the Holy Spirit?

There is a story of a guy who went to chop down trees. He used an axe to do the work and so he was able to chop down a few trees every day. But then one day, he found out about power chain saws. The salesman told the guy, "Well look, with this power saw you can chop down fifty more trees than you can chop now with your own efforts." The guy was quickly sold and purchased the power saw. He went home and immediately tried the saw out. The next day, he came back to the store where he bought the power saw and threw it down on the counter. He said, "Man, this is a piece of junk." "What do you mean, piece of junk?" "I used this thing. I would normally chop down four or five trees a day. I used this thing and I didn't even get one finished." "What?" "I didn't get one finished, not one. This thing is junk." The salesman, looking puzzled, asked to take a look at the equipment. The guy handed it to him and the salesman took it and pulled the cord. "VROOOM!" The guy who purchased the saw looked surprised and said, "What's that noise?" He had purchased that saw and taken it home, not understanding what he had. Similarly, most Christians don't understand what they have in the power and presence of the Holy Spirit.

Starting a Table or Life Group? Take a look at the helpful information below:

Who establishes and makes up a table group?

1. Husband & Wife
2. Family
3. 2-5 Guys
4. 2-5 Ladies
5. 2-5 Couples

Where do they meet?

1. Kitchen table
2. Coffee table
3. Cafe table
4. Restaurant table
5. Picnic table
6. Work table
7. Round table

- Meeting (how often, how long): Weekly or bi-weekly (day and time is decided by the group). No more than 2 hours.
- Who should lead a life or table group? Leadership can be shared, or the group may choose a leader.
- How long should the group stay together? The group should commit to stay together 6-8 weeks. Groups can renew their commitment to meet together at the end of that time, but initially groups should stay together 6-8 weeks.
- What happens if the group is too big to meet around a table? No table or life group should have more than 15 individuals. If a group grows to have more than 15 participants, there are two options:
 - Multiply into separate tables (groups of less than 15) or
 - Seek to establish a life group (10-20 participants)
- If you have any questions or would like to establish a life group, please contact Jason Fox at 270-765-4994 or jason@fcctown.com.

If you would like to talk with a minister,
call 270-765-4994 to set up an appointment or contact:

Stuart Jones (Senior Minister)
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Chris Harp (Executive Minister)
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