

Life Group Discussion Guide

FIRST CHRISTIAN CHURCH

I QUIT HURRYING (LUKE 10:38-42)

April 3, 2016



INTRODUCTION

Thomas Edison once said, "Being busy does not always mean real work." Hurrying around has become a way of life for us. We hurry to get in front of someone in the grocery store line. We shout at the driver in front of us because he/she isn't going fast enough.

This penchant to focus on unimportant things isn't new. It showed up in Jesus' time when He visited the house of Martha and Mary. Martha was consumed with the details of His visit while Mary was consumed with simply letting Jesus pour Himself into her life. We also must learn to slow down and rest in Jesus.

DISCUSSION KICK OFF

1. What do you do when you know you have company coming over? Do you work yourself "to death" or do you not worry about it?
2. Does your answer to question one match the home you grew up in or is it different? Explain

EVALUATE IT

Have a volunteer read Luke 10:38-42

1. Compare and contrast Mary and Martha. How do these two sisters differ?
2. Which sister do you resonate with more and why?
3. What was Jesus' reaction to Martha's interruption (vv. 40-42)? What was "the one thing" Mary chose? Why was it better?
4. If you had been Martha, how would you have responded to Jesus?

MAKE IT PERSONAL

1. In what ways do you sometimes find yourself busy, upset and troubled like Martha?
2. Martha was doing something good, but she was so consumed with doing something good she missed the best thing right in front of her. What good things do you need to pass on, so you don't miss the best things right in front of you?
3. What practical steps can you take to quit the hurry of your life and take a step towards the life Christ longs for you to have?

ILLUSTRATION

"Despite our alleged efficiency...we seem to have less time for ourselves and far less time for each other. We have quickened the pace of life only to become less patient. We have become more organized but less spontaneous, less joyful. We are better prepared to act on the future, but less able to enjoy the present and reflect on the past. Today we have surrounded ourselves with time-saving technology only to be overwhelmed by plans that cannot be carried out, appointments that cannot be honored, schedules that cannot be fulfilled and details that cannot be met."

Jeremy Rifken, *Time Wars*



Interested in joining or starting a Life Group?
Contact our Life Groups Minister.

Jason Fox
270-765-4994