

Life Group Discussion Guide

FOCUS

Romans 7:15,19-20; 8:12-17
Stuart Jones - August 6, 2017

ROMANS TRANSFORMATION

INTRODUCTION

None of us want to be around people who make us feel like we have to be walking on egg shells. We try not to do or say anything that might offend or make them mad. But it rarely works. We are so uptight that we wind up doing exactly what we try so hard to avoid.

Walking on egg shells isn't necessary with God. He has given us freedom. He sees us at our best. We can take bold steps confidently because even though God gives us the freedom to fail, He gives us the power to succeed.

DISCUSSION STARTER

1. What things seem to distract you the easiest and take your focus away from what you should be focused on?
2. Have you ever wondered if you were really covered by grace because you're still not getting it right and not able to stay focused on what you know God wants you to be focused on?

EVALUATE IT

1. Stuart said, "Instead of focusing on how we disappoint and fail God, focus on the Spirit of God in us." How do we do that? How do we focus on the Spirit of God in us?
2. Read Romans 8:12-13. If we have a new identity, why do we have to keep putting to death the habits of the old one? Why doesn't it happen automatically?
3. Romans 8:15-16 describes what is true of us if the Spirit live in us and leads us. What attitude and actions would you have if you seriously considered God your Abba?
4. Stuart said, "Think about this: what would it be like if, instead of trying to transform our life by our effort, we took the time to pray for God to go to work in the life that's around us?" Answer his question.

MAKE IT PERSONAL

1. In what specific ways do you experience the struggle Paul discusses in chapter 7 of Romans? If you don't experience that struggle, why?
2. Is it easier for you to focus on your mistakes or the promises of God that Stuart mentioned? Why?

SOMETHING TO THINK ABOUT

Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.

— Romans 8:5



Interested in joining or starting a Life Group?
Contact our Life Groups Minister.

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