



## TABLE GROUPS

Summer is a time for family reunions, vacations, swimming, amusement parks, and traveling. For many, routine is lost amidst the array of activity. This summer discover one simple routine that will help ensure that your faith does not go on vacation: Regularly meet around a table with a small group of family and/or friends to investigate the personal application of Sunday's sermon.

**What is the purpose of a table group?** To dig deeper into the Biblical principle(s) presented each Sunday morning during the FCC worship hour. To connect and share with other "group" members and to support one another as we strive to live out each week's teaching.

**What does a table group do?** A group discussion guide will be provided in the bulletin each Sunday and will be available on the FCC Facebook page by noon on Monday. The discussion guide will focus the group and challenge each participant to action.

**Who establishes and makes up a table group?**

1. Husband & Wife
2. Family
3. 2-5 Guys
4. 2-5 Ladies
5. 2-5 Couples

**Where do they meet?**

1. Kitchen table
2. Coffee table
3. Cafe table
4. Restaurant table
5. Picnic table
6. Work table
7. Round table

**How often do they meet?** Weekly (day and time is decided by the group)

**How long should the weekly meeting last?** Varies (decided by the group)

**Who leads a table group?** Leadership can be shared or a leader can be chosen by the group.

**How long does the group stay together?** The group should commit to stay together 6-8 weeks. Groups can renew their commitment to meet together for another season (6-8 weeks).

**Is a table group an official FCC group?** Table groups are not organized by FCC but are provided as opportunities for individuals to connect and become better followers of Jesus. FCC would like to know how this opportunity is being utilized. When your group establishes a place, time, and participants please report to Doug Mitchell at 270-765-4994 or [doug@fccetown.com](mailto:doug@fccetown.com).

**Can an individual be a part of more than one table group?** Yes, but our goal is that every individual attending a worship service be a part of at least one table group.

**What happens if the group is too big to meet around a table?** No table group should have more than 10 individuals. If a group grows to have more than 10 participants, there are two options:

- 1) Multiply into separate tables (groups of less than 10). Or
- 2) Seek to establish a life group (10-20 participants). To establish a life group, contact Doug Mitchell at 270-765-4994 or [doug@fccetown.com](mailto:doug@fccetown.com).



**SUPER HUMAN – Samson: Kryptonite (Judges 14)**  
June 29, 2014 – TABLE GROUP GUIDE

**Begin by reading the devotion inside the bulletin.** This is also posted online on [facebook.com/fcctown](https://facebook.com/fcctown) and at [fcctown.com/media.php](https://fcctown.com/media.php) under the sermon video.

### Looking Back

If you attended worship on Sunday, share with your group the following:

- 1) What was the most meaningful part of worship for you?
- 2) What part of your worship did you hope God appreciated?

If you were unable to attend worship on Sunday, please go to [fcctown.com](https://fcctown.com) and watch Sunday's sermon prior to meeting with your weekly table group.

Samson took a Nazirite Vow. This was a vow that people who were not part of the tribe of Levi could take so that they could be part of the priestly community. The vow was three fold. 1. Don't get drunk, 2. Don't touch anything dead, 3. Don't ever cut your hair. But the vow to follow what God wants you to do is often hard to follow when confronted with temptations in this life. We each have our Kryptonite that breaks down our strong wills to follow God. But ultimately, the kryptonite is the same; it is the arrogance to do what we want to do vs. what God wants us to do. We are our own kryptonite.

Share a promise or vow you have made in the past. Did you keep your promise or vow?

### Digging Deeper

The first attitude that weakens even the strong individual is lust – "I want it." Why do you think lust is so common among all people?

In Judges 14:1-2, Samson initially only took a walk to a nearby town, which is where he saw the women he wanted. Technically, just visiting the town of Timnah wasn't "wrong," but that's where the temptation overtook him. Similarly, we can engage in activities that might not be technically wrong, but they put us near the sin that is. For you, what is your "Timnah?" What are some examples of places we can go or things we can do that we're able to justify but take us into the vicinity of sin?

The second attitude that weakens us is entitlement – "I deserve it." This is an easy fault to see in others but often difficult to see (or admit) in ourselves. Being as truthful as you can, what entitlement are you susceptible to? How does our society encourage entitlement?

The final attitude that weakens us is pride – "I can handle it." For Samson in Judges 14:10, it was a drinking party. What is your "I can handle it" situation?

Share which attitude(s) you are most vulnerable to:

- Lust – "I want it"
- Entitlement – "I deserve it"
- Pride – "I can handle it"

### Moving Forward

Considering this week's biblical principle, group discussion, and the step(s) you recognize you need to take. What can your table group do or pray for you?

If you would like to talk with a minister, please call (270) 765-4994 to set up an appointment or contact: