



Life Group  
Discussion Guide  
April 26, 2015



**Discussion Questions**

**Leader Notes**

"You cannot overestimate the unimportance of practically everything."  
- John Maxwell

"The art of being wise is the art of knowing what to overlook."  
- William James

Helpful Hint: Get people involved in the discussion by asking non-threatening questions that will engage the whole group.

**Discussion Kick Off**

1. What are some unimportant tangents or tasks that capture you and consume your time?
2. Multiple times during his message Stuart stated, "Good is the enemy of the best." What does that mean? How does that phrase relate to priorities?

**Evaluate It**

1. The quiet and solitude of verses 35-39 are quite a contrast from the previous events. What do these verses reveal about Jesus' priorities?
2. In the midst of His popularity increasing, Jesus walks away. How does this differ from well-known leaders in the present? What does that say about motives and mission?
3. Jesus did not allow the tyranny of the urgent to keep Him from the mission He came to earth to fulfill. Are there any tangents in your life that are keeping you from doing what God has created you to do? What are they? Why are they keeping you from God's plan for you?
4. Peter Drucker suggests we should set posteriorities. This is his word for the stuff that needs to end up at the bottom of your to-do list. To stay focused on what we need to stay focused on, we must identify those things we don't need to do but always seem to let steal our time. What are your posteriorities?
5. If Jesus was your time management consultant and you gave Him your priorities, allowing Him to arrange them from most important to least important, what do you think that list would look like? What would be the top five or top ten?

**SCRIPTURE PASSAGE**

Read Mark 1:35-39. Make it more interesting by reading from the Message version (free on the You Version Bible App).

**Make It Personal**

1. Stuart said, "It's not always a choice between wrong and right, but a choice between good and best." What are some of the "good" things in your life that are taking you away from the "best" things? What priorities in your world are taking a backseat to inferior demands?
2. Think about the areas where you need to refocus and reprioritize. What are some basic tangible steps you could take in the next week to make that happen? What are three things you need to STOP doing?

At the end of the discussion, take a moment to take prayer requests from the group (if you haven't done so) and pray for your group before you end your time together.

Stephen Covey shared a visual illustration that powerfully demonstrates the urgent need for priorities. He picked up a wide-mouthed gallon jar, showed them some fist-sized rocks and asked them to guess how many rocks would fit in the jar. The audience made their guesses as he filled up the jar with those large rocks. He then asked, "Is the container full?" They looked at the jar full of rocks and replied, "Yes." He smiled, then pulled out some gravel and began pouring it into the jar until it reached the rim. He then asked, "Is it full?" This time the listeners were thinking differently. They replied, "Probably not." He affirmed their response while reaching for some sand. Once the sand came to the top, his question returned, "Is it full?" By now the audience was in tune with the ploy. They shouted, "No." He smiled and began pouring water until the jar was filled to the brim. Then he asked, "What's the point?" Someone instantly said, "Well, there are gaps, and if you really work at it, you can always fit more into your life." The reply was rather stern. "No, that's not the point! The point is this: If you hadn't put these big rocks in first, would you ever have gotten any of them in?" If we fail to give our highest priorities our greatest attention, something of lesser significance will quickly take their place and fill up our time.

Starting a Table or Life Group? Take a look at the helpful information below:

Who establishes and makes up a table or life group?

1. Husband & Wife
2. Family
3. 2-5 Guys
4. 2-5 Ladies
5. 2-5 Couples

Where do they meet?

1. Kitchen table
2. Coffee table
3. Cafe table
4. Restaurant table
5. Picnic table
6. Work table
7. Round table

- Meeting (how often, how long): Weekly or bi-weekly (day and time is decided by the group). No more than 2 hours.
- Who should lead a table or life group? Leadership can be shared or the group may choose a leader.
- How long should the group stay together? The group should commit to stay together 6-8 weeks. Groups can renew their commitment to meet together at the end of that time, but initially groups should stay together 6-8 weeks.
- What happens if the group is too big to meet around a table? No table or life group should have more than 15 individuals. If a group grows to have more than 15 participants, there are two options:
  - Multiply into separate tables (groups of less than 15) or
  - Seek to establish a life group (10-20 participants)
- If you have any questions or would like to establish a life group, please contact Jason Fox at 270-765-4994 or [jason@fcctown.com](mailto:jason@fcctown.com).

If you would like to talk with a minister,  
call 270-765-4994 to set up an appointment or contact:

Stuart Jones [stuart@fcctown.com](mailto:stuart@fcctown.com) Senior Minister  
Chris Kiger [chris@fcctown.com](mailto:chris@fcctown.com) Student Minister  
Jason Fox [jason@fcctown.com](mailto:jason@fcctown.com) Small Group Minister

Doug Mitchell [doug@fcctown.com](mailto:doug@fcctown.com) Connections Minister  
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