

# Life Group Discussion Guide

*WEIGHT LIFTING*  
*Romans 3:9-20*  
Stuart Jones - July 9, 2017

# ROMANS TRANSFORMATION

## INTRODUCTION

Several religions believe if the good deeds outweigh the bad deeds, then you make it to heaven. Sometimes even people in the church believe this. It is one of the most common wrong beliefs about Christianity.

The Bible never states that doing more good things than bad things will get you into heaven. Going to heaven or “being saved” is a free gift of God because He knew no human could uphold His standard of holiness.

“There is no one righteous, not even one. Therefore no one will be declared righteous in God’s sight by the works of the law . . . .” Romans 3:10, 20

## DISCUSSION STARTER

1. Tell the group about a time when you, like Stuart and the weights, thought you could do more than you were really able to do.
2. Stuart said, “We have fallen for the ridiculous notion that...we, on our own can lift the bar.” What “bars” do people falsely assume they can lift on their own?

## EVALUATE IT

1. Stuart said, “Being a patriotic American can often confuse us into thinking that we are a follower of Jesus and that we are bound for heaven because of our nationality.” What are some other false assumptions people make about their relationship with Jesus and eternal destination?
2. Read Romans 3:9 or 3:1-9 if time allows. What advantage did the Jews have? What point is Paul trying to make here in the first nine verses of Chapter 3?
3. Read Romans 3:19-20. We aren’t saved by obeying the law, so what is the purpose of God’s law?

## MAKE IT PERSONAL

1. Do you believe Jesus and only Jesus can lift the full weight of sin from us? Why?
2. Stuart said, "Your strength isn't enough." Are you ok with admitting you can't save yourself no matter how many good things you do, and you require someone else to save you from your sin? Why or why not? Do you think this brings resistance from some nonbelievers? Why or why not?

## SOMETHING TO THINK ABOUT

"My memory is failing, but there are two things that I never forget – that I am a great sinner and that Jesus Christ is a great savior."

-Rev. William Jay



Interested in joining or starting a Life Group?  
Contact our Life Groups Minister.

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