

Life Group Discussion Guide

COURAGE TO GO
Joshua 1:9-11
Stuart Jones - April 29, 2018



INTRODUCTION

To accomplish anything we must first decide to begin the journey.

The green flag drops and drivers in the race know it's time to push the pedal to the metal and take off on the journey that will last many laps. The driver knows the race will be difficult. There will be accidents, possibly some serious ones. He knows he will be pushed mentally and physically to the edge. But he goes when the flag drops because rewards await.

It only takes one driver at the start of the race to hesitate and not move forward to cause a crash that endangers other drivers and mar the race. Have courage to go when the flag drops.

DISCUSSION STARTER

1. Stuart explained in his 40 years as a Miami Dolphins fan they've never won a Super Bowl. What is the longest you've ever waited for or hoped for something? What was the something?
2. Tell the group about a big first step you've taken that scared you (joining the military, going to college far away, starting a business, etc.).

EVALUATE IT

1. Stuart shared the example of our Founding Fathers and Martin Luther when he mentioned the first step is always the hardest. Why is that? Why is the first step so much scarier than all those that follow it?
2. What is the source of our fears? Is the source legitimate (such as a cancer diagnosis) or do our fears come from imagined scenarios we've created in our minds? Why?
3. Why does it seem easier to continue to do things that are unhealthy (sinning, making poor financial decisions, withholding forgiveness) instead of setting aside those things and moving forward?
4. Read Hebrews 12:1. Who are these witnesses? What can they teach us about courage and running our race?

MAKE IT PERSONAL

1. Stuart said, "The weight of fears, the weight of risk, the weight of the uncertain. The weight of what the doctor might say. The weight of someone else seeing what you've made of your finances. The weight of admitting you were wrong or saying you're sorry. Those are weights that don't just burden us, they keep us from going. They are obstacles to our first step." What "first step" obstacles are you facing? How can this group pray for you?

SOMETHING TO THINK ABOUT

"A single act of courage, one single act of courage, is often the catalyst for extraordinary."
- Andy Stanley



Interested in joining or starting a Life Group?
Contact our Life Groups Minister.

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