

Life Group Discussion Guide

CROSSFIT
James 4:1-6
Stuart Jones - August 4, 2019

JIM CLASS



INTRODUCTION

There is a challenge we often must deal with—living in the Kingdom of God while living in this world. We can be caught between the two realms and find ourselves in conflict with each world.

There is a road map to navigate through this challenge. That path begins with having the right priorities and the proper intentions. The Scriptures warn us, “When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures.”

(James 4:3 NIV)

“God opposes the proud but shows favor to the humble.” (James 4:6b NIV)

DISCUSSION STARTER

1. People have quarrels over some pretty trivial things. What is the most ridiculous argument you’ve ever been involved in? What position did you take? Why were you so adamant about your position?
2. If you were given the task of teaching a kid what humility is, how would you go about it?

EVALUATE IT

1. Read James 4:1-6. Answer the question James asks, "What causes fights and quarrels among you? Why are you fighting? Why are you bickering?" Where does conflict originate?
2. Feelings like coveting and unhealthy desires pop into our heads without being beckoned, so how should we deal with the rogue emotions when they pay us an unwelcome visit?
3. James wrote, "Even when you ask, you don't get it because your motives are all wrong." How were their motives (and ours) wrong when asking God for something. What is the correct motive one should approach God with?
4. The root of everything James is dealing with is selfishness. Selfishness is what drove Adam and Eve to disobey and drives us today. Read Romans 7:24-25. How does Jesus rescue us from the trap of selfishness and help us resolve the inner conflict that dwells within each of us?

MAKE IT PERSONAL

1. What unhealthy emotion tends to pop into your head? What can you do to deal with it?
2. Stuart said, "Only one thing goes in that 'what matters most' place. And it's either God or it's something else." Be honest with your group. What competes with God for the "what matters most" place? Why?



Interested in joining or starting a Life Group?
Contact our Life Groups Minister.

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