

Life Group Discussion Guide

RAISING HEALTHY KIDS
Deuteronomy 6:4-9
Scott Eynon - August 25, 2019



INTRODUCTION

God is the very definition of love. Indeed, God is love. We are told in no uncertain terms that we should love the Lord with everything we have within us. (Deuteronomy 6:5)

This is the perfect model for how we should love our children, whether they be babies, children, teens or young adults. Relationships between parents and children change and evolve over the years and the balance between mentorship, friendship, psychologist and disciplinarian is in constant flux. All parents want to rear healthy, God-fearing children and He gives us the perfect blueprint to do just this.

DISCUSSION STARTER

1. What's something your parents made you do when you were younger that you are now grateful for?
2. If you became a believer when you were a kid or in your teens, who invested in you, shared the good news of Jesus with you and taught you God's Word? How did they invest in you?

EVALUATE IT

1. Read Deuteronomy 6:4-9. From these verses, who is responsible for the spiritual health of children? Who is to be spiritually healthy first (see verse 6)?
2. Is the Deuteronomy 6 model the model followed by the modern church or does the modern church follow the, "take your kids to the professional," model? In light of these verses what would be the role of the minister?
3. Deuteronomy 6:8-9 gives ways to help us remember God's Word. What are modern day equivalents to the suggestions Moses gives for keeping God's Word in our view at all times?
4. One of the simplest suggestions Moses gives is, "Talk about them when you sit at home." What keeps families from simply talking about the truths of God while they're just sitting around the dinner table? With the exception of Satan, what do you see as the biggest opponent of families obeying Moses words in Deuteronomy 6:4-9?

MAKE IT PERSONAL

1. In his book, "Think Orange," Reggie Joiner points out four key times all families can leverage to build the faith of their children (Deuteronomy 6:7). Which of the following times is best for your family? What could you do in that time to teach your children about their Heavenly Father?
 - a. Meal Time: "when you sit in your house" (focused discussions as a teacher to establish core values)
 - b. Drive Time: "when you walk by the way" (informal dialogue as a friend to help your child interpret life)
 - c. Bed Time: "when you lie down" (intimate conversations as a counselor to listen to the heart of your child)
 - d. Morning Time: "when you rise up" (encouraging words as a coach who gives a sense of value and instills purpose)



Interested in joining or starting a Life Group?
Contact our Life Groups Minister.

Jason Fox
270-765-4994
jason@fccetown.com